



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# SAFETY FIRST

Aquatic Safety at our pools is our first priority. Our Test, Mark & Protect program is designed to identify children 12 and under that are most at risk, non-swimmers. By participating in a swim test, non-swimmers are identified and directed towards designated non-swimmer shallow areas with active adult supervision.

## TEST

All children ages 12 and under are required to pass a swim test before having access the deep area of the pool. Once tested, the swimmer will be given the appropriately colored wristband based on their swimming ability. Each time the child comes into the Y for open swim, they should receive their color appropriate wristband from the Membership desk when checking in.

### SWIM TEST INCLUDES:

- Jumping into the deep end, fully submerging and recovering
- Swimming to a designated spot and returning to the side
- Treading water for 30 seconds



## MARK

### RED WRIST BAND

- For non-swimmers ages 12 or younger who do not take or pass the swim test.
- Swimmers must remain in shallow water.

### GREEN WRIST BAND

- For swimmers that pass the deep water test and may access all pool areas.
- Receive a green band from Aquatics staff when they pass the swim test but must acquire a green band from Membership each subsequent visit to the pool.
- If a swimmer comes into the pool without a wrist band, he/she must retake the swim test that day.

## PROTECT

- Children ages 9 and under **MUST HAVE** an adult (18 or older) in the water actively involved in the supervision of the child.
- One adult can be responsible for no more than 3 non-swimmers during open swim.
- The YMCA will make available and highly recommends the use of a US Coast Guard approved lifejacket in addition to requiring active supervision.

